

Sunnyside Up

BREAKFAST & LUNCH CAFE

HEALTHIER SIDE

GF V GARDEN FRITTATA

An open-faced omelette with green peppers, spinach, roasted crimini mushrooms, tomatoes and onions, topped with Jack and Cheddar cheese. Served with dressed greens and an English muffin.

☀️ AVOCADO TOAST

Whole-grain toast topped with smashed avocado, Extra Virgin Olive Oil, lemon, sea salt and herbs. Served with two eggs made to order.

GF 🥑 CHICKEN & AVOCADO OMELETTE

An egg-white omelette with all-natural chicken, green chiles, tomatoes, onions, Jack and Cheddar cheese, topped with avocado. Served with dressed greens, a side of green chili sauce and an English muffin.

GF MEDITERRANEAN FRITTATA

An open-faced, egg-white omelette filled with all-natural chicken, tomatoes, mozzarella and Parmesan cheese. Served with dressed greens, and an English muffin.

V FRUIT & VANILLA YOGURT

Topped with homemade granola and served with an English muffin.

V BERRY OATMEAL

Made to order, topped with berries and homemade granola. Served with brown sugar, almond milk, fruit and an English muffin.

SWEET INDULGENCES

Served with two eggs made to order, your choice of two strips of bacon or sausage patties and warm syrup. Ham is a \$1 upcharge.

WHOLE-WHEAT PANCAKES

Choose one of our large signature pancake breakfasts, topped with butter.

- Plain
- Chocolate Chip
- Blueberry
- Sprinkles

☀️ OATMEAL PANCAKE

GF Gluten-friendly pancake* is housemade with freshly ground rolled oat batter, topped with strawberries, blueberries and powder sugar.

APPLE CINNAMON PANCAKE

Diced apples and crunchy granola baked into one whole wheat pancake sprinkled with cinnamon and topped with housemade cinnamon butter.

PINEAPPLE COCONUT PANCAKE

Fresh pineapple and toasted coconut in a whole wheat pancake served with housemade vanilla cream sauce.

RASPBERRY GRANOLA PANCAKE

Fresh raspberries and homemade granola in a whole wheat pancake. Served with raspberry yogurt.

VIVE LA FRANCE FRENCH TOAST

Two pieces of Brioche bread dipped in custard batter and griddled golden brown. Topped with butter and powdered sugar.

WAFFLE EGGS PRESS

A golden Belgian waffle topped with powdered sugar.

PATRIOT WAFFLE

A golden Belgian waffle topped with berries and powdered sugar.

☀️ STRAWBERRY BANANA WAFFLE

A golden Belgian waffle topped with fresh strawberries, bananas, and toasted walnuts. Served with powdered sugar and whipped cream.

Add a whole-wheat pancake to any meal
Add a specialty pancake to any meal
No split plates on these add ons.

CLASSICS

GF TWO EGG BREAKFAST

Two eggs cooked to order with ranch potatoes and toast. Served with bacon or sausage. Or ham add

☀️ BREAKFAST BURRITO

Scrambled eggs with pork sausage, roasted peppers and onions, green chiles, seasoned ranch potatoes, Jack and Cheddar cheese wrapped in a flour tortilla, topped with red or green chili sauce. Served with lettuce, tomatoes, sour cream, smashed avocado and a side of seasoned ranch potatoes.

🥑 DELUXE EGG SANDWICH

Two fried eggs, bacon, ham, Monterey Jack cheese, avocado, tomato and mayonnaise on grilled sourdough. Served with dressed greens.

🌮 HUEVOS RANCHEROS

Choice of corn or flour tortillo layered with refried beans, Jack and Cheddar cheese and two eggs any style. Topped with red or green chili sauce, sour cream, smashed avocado and herbs. Served with seasoned ranch potatoes. Add chorizo

BISCUIT & GRAVY WITH EGGS

Flaky biscuit halves topped with sausage gravy. Served with two eggs any style and seasoned ranch potatoes. Add bacon or sausage

BENEDICTS

Served with dressed greens. Add avocado 1.69
Substitute gluten free toast 1.50

☀️ CAJUN BENEDICT

Homemade Cajun calabacitas and seasoned steak piled on a grilled biscuit. Topped with two poached eggs, Cajun hollandaise, and fresh herbs. Served with fresh spring mix tossed in our homemade lemon vinaigrette dressing.

CRAB CAKE BENEDICT

Two poached eggs with grilled lump crab cakes and fresh tomatoes piled high on an English muffin, topped with creamy hollandaise.

PARISIAN BENEDICT

Two poached eggs with ham, roasted crimini mushrooms and melted Swiss cheese all piled high on a buttery croissant half, topped with creamy hollandaise and herbs.

V VEGGIE BENEDICT

Two poached eggs with roasted crimini mushrooms, tomatoes, spinach, artichoke hearts and asparagus all piled high on an English muffin, topped with creamy hollandaise and herbs.

CLASSIC EGGS BENEDICT

Two poached eggs with ham and herbs all piled high on an English muffin, topped with creamy hollandaise.

☀️ HIKER'S BENEDICT

Two poached eggs with ham, asparagus, roasted crimini mushrooms and tomatoes all piled high on an English muffin with bacon and creamy dill hollandaise.

GF SKILLET'S & HASHES

☀️ CAMBRIDGE SKILLET

Ham, bacon, Jack and Cheddar cheese on seasoned ranch potatoes with two eggs any style, topped with creamy hollandaise. Served with an English muffin.

🌮 MEXICAN SKILLET

Chorizo, refried beans, green chiles, tomatoes and onions on seasoned ranch potatoes. Topped with red or green chili sauce, pepper jack cheese and two eggs any style. Served with a flour tortilla.

TEXAS STEAK SKILLET

Shaved steak, roasted red and green bell peppers, onions, crimini mushrooms, Jack and Cheddar cheese on seasoned ranch potatoes with two eggs any style. Served with an English muffin and green or red chili on the side.

CORNED BEEF HASH & EGGS

Fresh corned beef mixed with seasoned ranch potatoes and onions. Topped with two eggs any style. Served with creamy hollandaise and an English muffin.

GF OMELETTES

EGG-CEPTIONAL OMELETTE

Sausage, ham, bacon, onions, tomatoes and roasted crimini mushrooms with melted Jack and Cheddar cheese. Topped with sour cream and herbs. Served with dressed greens and an English muffin.

☀️ SPINACH BACON MUSHROOM OMELETTE

Spinach, bacon, roasted crimini mushrooms and melted Swiss, cheese topped with creamy hollandaise. Served with dressed greens and an English muffin.

🌮 MEXICAN OMELETTE

Chorizo, green chiles, onions, Jack and Cheddar cheese Topped with red or green chili sauce, sour cream and herbs. Served with seasoned ranch potatoes and a flour tortilla.

DENVER OMELETTE

Ham, onions, green peppers and melted Jack and Cheddar cheese. Served with dressed greens and an English muffin.

V CREATE-YOUR-OWN OMELETTE

Choose any of your three favorite ingredients. Served with dressed greens and an English muffin.
Add additional vegetables
Add additional meat, cheese or avocado

GF SCRAMBLES

Served with an English muffin

🥑 TUSCAN SCRAMBLE

Eggs scrambled with onions, tomato, turkey, spinach, mozzarella and Parmesan cheese. Topped with tomatoes, avocado, basil pesto and herbs. Served with dressed greens.

☀️ BACON AVOCADO SCRAMBLE

🥑 Eggs scrambled with bacon, spinach, onions and tomatoes. Topped with avocado and pepper jack cheese. Served with a side of green chili sauce and seasoned ranch potatoes.

COLORADO JACK SCRAMBLE

Eggs scrambled with ham, green peppers, tomatoes and onions. Topped with melted pepper jack cheese and herbs. Served with bacon or sausage patties and a side of green chili sauce.

V ATHENA SCRAMBLE

Eggs scrambled with asparagus, tomatoes and roasted crimini mushrooms, topped with feta cheese. Served with seasoned ranch potatoes.
Add bacon or sausage Side of ham

V WISCONSIN SCRAMBLE

Eggs scrambled with Swiss, Cheddar and Monterey Jack, and cream cheese, topped with herbs. Served with seasoned ranch potatoes.
Add bacon or sausage Side of ham

**Thank you so much
for stopping in and spending
part of your day with us.
We can't wait to see you again!**

☀️ = Sunnyside Up Eggsclusives

GF = Gluten Free

🥑 = Avocado

V = Vegetarian

🌮 = Mexican Dishes

Vegan bread option available.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

*We are not a gluten-free kitchen. We make every effort to reduce the chances of cross-contact with foods containing gluten, but cannot guarantee that such contact will not occur. Please communicate any food allergies and/or sensitivities with your server prior to ordering so we can best accommodate your request.

SIDES & SMALL PLATES



STRAWBERRIES ROMANOFF

A cup of fresh strawberries topped with a dollop of housemade whipped cream and powdered sugar. Add homemade granola

V SEASONAL FRUIT Cup or Bowl

V SEASONED RANCH POTATOES LOADED

BACON, PORK OR TURKEY SAUSAGE HAM

V IMPOSSIBLE SAUSAGE \$2 upcharge on any meat dish

ENGLISH MUFFIN OR TOAST

GLUTEN FREE TOAST

2 EGGS

CINNAMON ROLL

SOUP OF THE DAY

Ask your server for today's selection
Cup or Bowl

V DRESSED GREENS

V OATMEAL

Served with cranberries, raisins, brown sugar and almond milk Cup or Bowl

GRITS Cup or Bowl

BISCUIT & GRAVY

GF GREEN OR RED CHILI

AVOCADO added to any dish is always an upcharge

PREMIUM LUNCH COMBOS

CHOOSE ANY TWO OF THE FOLLOWING

■ ½ Sandwich ■ ½ Salad ■ Cup of Soup

SANDWICHES

CLASSIC CLUB
REUBEN - CLASSIC OR TURKEY
ARIZONA TURKEY

TRIPLE PLAY
GET ALL 3

SALADS & SOUP

SUNRISE SALAD
COBB SALAD
CHICKEN SPINACH SALAD
GREEK SALAD
SOUP OF THE DAY

SANDWICHES

Served with dressed greens



CLASSIC CLUB

Layers of ham, turkey, sugar-spiced bacon, Jack and Cheddar cheese, lettuce, tomato and honey mustard mayo on grilled thick-cut, whole-grain bread.

REUBEN - CLASSIC OR TURKEY

Corned beef or turkey, melted Swiss cheese, Thousand Island dressing and Bavarian sauerkraut on grilled rye.

ARIZONA TURKEY

Turkey, bacon, avocado, tomato, honey mustard mayo, Jack and Cheddar cheese on grilled sourdough.

BACON AVOCADO CHICKEN

All-natural chicken with Monterey Jack cheese, sugar-spiced bacon, avocado, lettuce, tomato and sweet honey mustard mayo on a croissant.

BURGER

Served with seasoned ranch potatoes

A 6 oz Prime beef patty seasoned and cooked to order. Topped with melted cheddar cheese, lettuce, tomato and mayonnaise and served on a grilled Brioche bun.
Add Bacon Add Avocado

GF SALADS

All salads are served with Sunnyside Up Eggclusives Lemon Vinaigrette Dressing

COBB SALAD

Mixed salad greens, topped with all-natural chicken, bacon, tomatoes, avocado, chopped egg and mixed cheese. Served with lemon vinaigrette dressing.

GREEK SALAD

All-natural chicken, red onions, artichoke hearts, feta cheese, Kalamata olives and tomatoes, tossed with mixed salad greens and lemon vinaigrette dressing.

CHICKEN SPINACH SALAD

Spinach, all-natural chicken, bacon, cranberries, raisins, feta cheese, red onions, diced apples and spiced pecans, tossed in lemon vinaigrette dressing.

SUNRISE SALAD

Mixed greens, seasonal fresh fruit, spiced pecans, and feta cheese tossed in our house dressing.
Add sliced chicken

BEVERAGES

PREMIUM COFFEE

An entire pot of brewed, full-body coffee

ICED COFFEE

Creamy, sweet, cold and refreshing

ICED TEA Free Refills

ARNOLD PALMER Free Refills

NM COLD-PRESSED LEMONADE 1 Refill

STRAWBERRY OR PEACH LEMONADE 1 Refill

MILK

Chocolate or 2%
Almond

Small Large
Small

HOT CHOCOLATE

Served with whipped cream

HOT TEA

An assortment of herbal, green and black teas

SOFT DRINKS Free Refills

FROM THE EGGCLUSIVES JUICE BAR*

Juiced daily in-house

POWER TONIC

Kale, Apple, Cucumber,
Celery, and Lemon

Regular (9 oz.) and Large (12 oz.)

SEASONAL JUICE

Ask your server
for today's selection

*All fresh juices are non-refundable
and non-returnable once ordered.

JUICES

100% PURE SQUEEZED OJ

Large

GRAPEFRUIT
APPLE

Large

Large

CRANBERRY

Large

TOMATO JUICE

Large



SUNNYSIDE UP EGGCLUSIVES COCKTAILS

Ask your server about our loaded fresh juices and other delicious cocktails menu.

Gratuity is added for parties of 10 or more.



All of our meals are made to order, eggsclusively for you!

We are locally owned and operated and pride ourselves on our fresh ingredients, attention to detail, amazing flavors, and friendly service. All of our meals are made to order, eggsclusively for you. Each and every member of our staff is dedicated to achieving greatness, exceeding expectations, and serving our friends daily, so if you need anything, please don't hesitate to ask. Albuquerque has been so good to us, and we are thrilled to be able to give back through partnerships with area schools and sports organizations as well as donations to local charities.

Thank you so much for stopping in and spending part of your day with us.

We can't wait to see you again!

GET TO KNOW US AT

SunnysideUpABQ.com

INTERESTED IN JOINING?

ASK YOUR SERVER FOR DETAILS!

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.

*We are not a gluten-free kitchen. We make every effort to reduce the chances of cross-contact with foods containing gluten, but cannot guarantee that such contact will not occur. Please communicate any food allergies and/or sensitivities with your server prior to ordering so we can best accommodate your request.